

What Are the Benefits of Testosterone?

The primary male sex hormone or androgen, testosterone plays a critical role in male health and development.

Development

A significant increase in the production of testosterone in males triggers the onset of puberty, when the body begins to develop toward physical and sexual maturity. Testosterone allows the body to increase bone density and overall muscle mass during this period. It also causes the maturation of the sexual organs.

Libido and Heart Health

The Mayo Clinic reports that the decline in testosterone production as men age contributes to the decline in libido, as well as the development of infertility. Maintaining higher levels of testosterone can help men to keep the libido active and retain the ability to perform sexually, thereby reducing the likelihood of infertility with aging. Having an active sex life also helps to boost testosterone, making one somewhat interrelated with the other. However, while not a direct effect of testosterone, the active sex life that can occur as an indirect effect of higher testosterone levels does help to prevent strokes and heart attacks, according to a March 9, 2008, article at ABCNews.com.

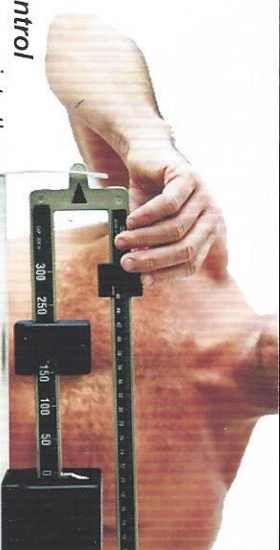
Energy

Testosterone also contributes to a man's overall energy levels. An Aug. 10, 2009, article appearing on ABC-News.com reports that up to 25 percent of men suffering with lower testosterone levels experience lethargy or feeling of tiredness. Normal levels of testosterone help to keep men feeling energetic and active. A related benefit of testosterone is that it plays a role in maintaining a regular sleep pattern, which can also improve overall energy levels.



Weight Control

Testosterone assists the body in controlling fat levels. When testosterone levels fall, according to the Mayo Clinic, body fat levels tend to rise, while muscle mass and strength tend to lessen. Testosterone alone cannot control body fat levels, though. High fat diets and high alcohol consumption can cause weight gain, which reduces testosterone levels.



Emotional Well-Being

Higher levels of testosterone lead to greater feelings of confidence and drive. According to an April 2010 article in Mens Health, testosterone increases drive and ambition, in part, by stimulating the amygdala, which helps to control feelings of aggression. While too much aggression can have counterproductive effects, too little testosterone driven aggression can leave a man feeling listless.

HOW IT WORKS

There are testosterone receptor sites all throughout your body, with the most in your heart and brain. As a man ages, these become locked and do not allow testosterone to be released into your bloodstream anymore.

ManUpForLife is doctor formulated, 100% natural supplement with nutrients to turn on production and increase the testosterone level in your body quickly, safely, easily and for a low cost...with no prescription, no doctor visits, no expensive gels or creams, no injections and no side effects. It also has other special nutrients that a boost man's sexual desire and help him perform when the time is right. And that's why **ManUpForLife** is truly the next generation in men's sexual health.

Supplement Facts

Serving size: 2 Capsules	Amount Per Serving	DV%**
Serving per container: 60		
Magnesium Oxide	20 mg	6%
Zinc (from oxide)	20 mg	134%
Selenium (as selenomethionine)	100 mcg	124%
Tribulus Terrestris extract		
(60% total saponins / 20% protodioscin)	500mg	*
DHEA	50mg	*
Proprietary Blend:	1500 mg	*
Saw Palmetto berries extract, Nettle leaf extract, Macuna Puriens, Eurcoma Longifolia (Tongkat Ali) Epimedium		
Pumpkin seed extract, Fenugreek extract standardized for 50% Fenuside & Saponins, Cnidium Monnieri		
AMINO BLEND:	200 mg*	
L-Arginine, L-Tyrosine		

*Daily Value not established.
**Percentages of Daily Value are based on 2,000 calorie diet; Fortified Amino blend.

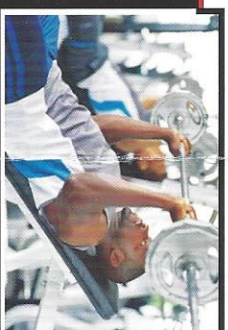
Other Ingredients: Microcrystalline Cellulose, Croscarmellose sodium, Stearic acid, Magnesium stearate (from Vegetarian palm source).



DHEA FREE VERSION
for CANADA and
INTERNATIONAL ORDERS



"I've been taking ManUpForLife for the last month, and have to admit, it has helped me tremendously both in strength and muscle tone. This product has made me love the Iron, and the gains I have made in just this first month have really boosted my self-esteem and confidence. ManUp For Life works." Bryan, PA



Providing The Very Best in Cardiovascular Health*